

# GAME OF THE WEEK

## Balance, Cup & Hat

**Aim:** To call out the 3 key words and the children respond by using actions

**Set up:** Give each child a coloured cone – Lay all your footballs out across the island in different places

**Game:** Get the children holding a cone and get them to walk around the football island – avoiding the footballs – when the coach calls out 1 of the 3 key words, the children then have to find a football and complete the action and freeze.

### Commands:

**Balance** – Find a ball – lay their cone on the floor and balance the ball on top

**Hat** – Find a ball and place on cone onto of the ball creating a hat

**Cup** – Find a ball – turn the cone over on the floor and place the ball into the cone

### Balance



### Cup



### Hat



This Game gets all the children involved – We have commands which gives the children a listening task – while completing the action – You can set time limits during each game . You can even select coloured cones and then command to enhance the game to a new level – Have Fun with it and chop and change different aspects of the game

### Sandwich



**Have Fun with the Game**