



This game has a mixture of all the techniques we use in all our different games

**Story:** We create a story explaining to the children that our footballs are now planets – explain we are on a planet called “Planet Earth” – Ask the children what they would call their planet.

**Set up:** We give each child a ball – and we place our coloured cones around our football area – the children then hold the ball with both hands high above their heads moving around the area avoiding the cones – (make sure you have different coloured cones around)

**You can now change levels**

- Holding the planet above their head
- Holding the planets behind their backs
- Holding it close to the ground etc.....

The second part of the game – The children now have to balance their football on a coloured cone –

**Each cone has a purpose**  
**Blue cones – Water planet**  
**Red cones – Hot planet**  
**Green cones – Forest Planet**  
**White cones – Snow planet**  
**Etc.:**

The coach now calls out “**Choose your planet**” and the Children will place their ball on their chosen planet!

The coach can now walk around asking the children what type of planet is your planet: The children can now say back to you “**Mines a hot planet**” “**Mines a forest planet etc.:**”

Once the children have changed their planets a few times:

Next level: **Planet power:**

The children place their planets on their cones for the final time and you ask the children to leave their planets where they are and now walk around the solar system/Jog around the solar system etc. etc (Football Island) – The last action is kicking their ball off their cone when the coach says “Power Planets”

You can repeat as many times as you wish and change the game to suit your nursery setting



**Have Fun with it!**